



Newsletter

ADRA IN TANZANIA NEWSLETTER

JANUARY 2023



Inside this issue:

Country Director's message 2
Community Health 3
Empowering the vulnerable community 4-5
Sponsoring children with albinism 6

Food security project 7-8
ADRA fights against COVID-19 9
ADRA on climate change 10



Happy new year from ADRA in Tanzania.

*I*t gives me great pleasure in sharing with you how God has truly blessed ADRA in our day-to-day mission despite the challenges and the difficulties.

The past two years have been a challenge for the world and indeed for our people in Tanzania due to the COVID-19 pandemic and we pray for strength for all who lost loved ones and for all that have been affected in one way or the other.

For more than 50 years, ADRA in Tanzania has been working with communities, serving the most vulnerable population including people with disability with the help of the Seventh-Day Adventist Church, our supporting partners and the local, regional and national government of Tanzania. We are driven by the purpose statement "To Serve Humanity so all may live as God intended". Our intervention is to support those in need regardless of ethnicity, gender, disability, political or religious beliefs.

As a faith-based organization of the Seventh-day Adventist church, our mission is to "work with people in poverty and distress to create justice and positive change through empowering partnerships and responsible action" and to implement practical, contextual, and innovative interventions to lift people out of poverty.

God has called us to be compassionate, to love all people, and to do justly by speaking for people without a voice, and fighting for human dignity and the rights of all. Our mission is to fight poverty where no child goes to bed hungry, where every child everywhere has access to education and reaches his or her God-given potential; where there are no early child marriages and injustice.

As people of faith, God has invited us to "Speak up for those who cannot speak for themselves, for the rights of all who are destitute. Speak up and judge fairly; defend the rights of the poor and needy." Proverbs 31:8-9. Let us join hands together to make the world a better place for all God's Children.

Sam Oyortey

Samuel Oyortey
Country Director

Tanzania's progress towards national & global Maternal health care commitments & targets

ADRA in collaboration with other stakeholders are doing the best to improve community health services by supporting the local government eg: The Kwa ugoro clinic within Arumeru district, Arusha.

ADRA has improved the Kwa ugoro project in the health sector by targeting sustainable development goal number 3 (SDG 3), "Health & wellbeing". ADRA in line with SDG3 promotes health well being.

Last year ADRA has been involved in the renovation of health facilities & provision of medical equipment for improved service delivery. The Kwa ugoro health dispensary & maternity ward in Arumeru district serves over 200,000 people in the area.

The renovated facility includes newly installed latrines, an improved electricity and water system, a full range of quality maternal medical equipment's, and a newly constructed exterior toilet facility for the visiting family members.

Taking into account that child birth is a peculiar

experience, the project has also ensured that each of the maternity rooms includes sound absorbent ceilings and floor tiles, dimming lighting systems, sliding glass windows and a manicured garden in a bid to providing a serene atmosphere for women and families to celebrate this joyous occasion.

Further, education on safe delivery and training was also given to the dispensary medical staff, to increase their capacity for the provision of quality maternal services. The project also conducted community awareness across the villages of Kwa Ugoro, Valeska, and Migandini on the importance of hospital deliveries as it was part of the project's aim to reduce maternal and neonatal mortality.

The project is co-financed within the framework of the Polish Development Cooperation of the Ministry of Foreign Affairs of the Republic of Poland (www.gov.pl/polishaid).



Support for Entrepreneurship and Employment among People affected by Albinism in Tanzania (SEEPa - Project)

ADRA in collaboration with the Tanzania Albinism Society (TAS) and the government, supports entrepreneurship and employment for persons with albinism which targets sustainable development goal 10, to "Reduce inequality". The ultimate goal is to empower Persons With Albinism (PWAs) so that they can have access to key needs with dignity and treatment services as well as linking them to various services and stakeholders for support.

PWAs employment overview

According to the 2020-2024 National Action Plan for PWAs, 65% of the PWA are unemployed; 21.8% were self-employed in agriculture; 8.6% are self-employed within enterprises; 3% are employed within private institutions, and 1.4% are employed within the government in Tanzania. Within the unemployed category, 53% are female while 47% are male. While there has been a lot of effort put in place to support Persons with Albinism (PWAs), most interventions have been in form of relief, mainly focused on skin cancer treatment. The majority of the young people with albinism in Tanzania continue to face socio-economic obstacles with very limited opportunities to access employment. The outlook on the livelihoods of most young persons with albinism indicates that the poor socio-economic conditions have negatively impacted on their health as they lack finances to access appropriate medical services such as skin cancer treatment, as well as other prevention measures such as sunscreen, hats, and protective clothing. Additionally, the situation has also negatively impacted their access to education and participation in formal employment and business opportunities.

ADRA's efforts

Ensuring the right to an adequate standard of living and the right to work is a fundamental recipe for a dignified life and well-being of persons with albinism. In direct contribution towards SDG 10 and specifically to TARGET 10.2 which states that "By 2030, empower and promote the social, economic and political inclusion of all, irrespective of age, sex, disability, race, ethnicity, origin, religion or economic or other status," ADRA in Tanzania has for the last decade been working to ensure that persons with albinism are able to live a dignified life through various interventions Support for Entrepreneurship and Employment for Persons with Albinism (SEEPa II) project, targeting 350 youths in Dodoma & Morogoro regions. Is a project which is co-financed within the framework of the Polish Development Cooperation of the Ministry of Foreign Affairs of the Republic of Poland (www.gov.pl/polishaid) and implemented in partnership with various stakeholders among them, Small Industries Development Organization (SIDO), Tanzania Albinism Society (TAS) with the aim of promoting access to employment (both wage and self) for young people with albinism through vocational and business development skills training in Morogoro and Dodoma Regions. The support from the Ministry of Foreign Affairs of the Republic of Poland is hereby highly appreciated.

Basing upon the collective promise of the 2030 Agenda for Sustainable Development to "leave no one behind", ADRA calls upon all stakeholders to support the empowerment of persons with albinism with vocational and business skills so all may live as God intended. "Being enabled to make a living and contribute to society doesn't only make a difference, it makes a life."

(The Albino Foundation).



Image: Upendo group in Mpwapwa district during group dynamic & gender-sensitive self-mangement skills to work as active change agents.



Image: Second round interview of selection of grant winners both Dodoma & Morogoro region.



Image: Supporting TAS Dodoma regional office by providing desktop computer for creating databases & share information on employment/job offers for job seekers.



Image: Juhudi group in Kondoa district during group dynamic & gender-sensitive self-mangement skills to work as active change agents.

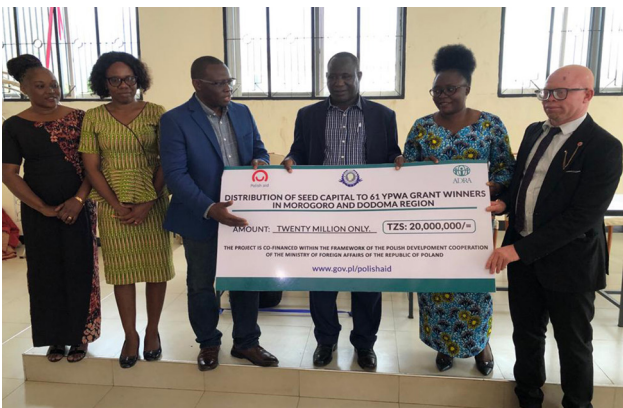


Image: The hand over of a dummy cheque reflecting the grant value distributed to 61 businesses startup trainees in Morogoro and Dodoma regions



Image: A visit to one of the grant winners during the monitoring of the value of money that they have received

EMPOWERING CWAs TO EDUCATION

For a child living with albinism, attending school comes with much difficulty not only because of the underlying beliefs and myths surrounding Persons With Albinism (PWAs), but also due to the costs associated with school requirements. ADRA in collaboration with other donors are working to bridge the gap for inclusion and equity for all children, especially those who have albinism and lack of resources to access better education. ADRA has enriched Children with Albinism (CWA) to go to school since 2019 to pursue their education without hindrance and to obtain the necessary items needed for survival whilst pursuing their education. ADRA Tanzania in partnership with ADRA

Poland are currently covering school expenses such as tuition fees, schoolbooks, eyeglasses, self-care products and sunscreen lotions for daily use for CWA.

Humanitarian organizations and relative partners need to support children with albinism, those who have physical, mental, hearing, and visual impairments, as well as those who are academically challenged, especially girls, such as school drop outs.

We empower CWA to go to school to break the cycle

We believe they will be ambassadors of change when they have graduated.



Image: Mr. James Bisheko ADRA's program manager(right) with Mema (left) one of the CWA that ADRA has been sponsored and currently study at Makumira University to be an accounted.

ADRA has made my life journey easier especially through my education, from primary, advanced, and also at college level. ADRA helped me with school fees, accomodation, food, personal needs, and other school requirements.

Some times when I find my self busy in studies, I remember ADRA, because ADRA has been the bridge towards my success and



has made me feel special. If it was not for ADRA I would not be able to reach where I am, because my parents were not able to support me.

Magdalena Siwandeth, is a clinical medical student at Elijerry College of Health and Applied Sciences.

ADRA Tanzania has been working since 1983 to support the most vulnerable communities by implementing economic empowerment activities through training and giving households and individuals startup knowledge and skills for purposes of improving their livelihoods hence poverty eradication. Our model in food security rotates around the household as our entry point for an integrated intervention. ADRA Tanzania has continuously mobilized people to work together in mapping and pooling their resources for their common benefit that one cannot access individually. ADRA Tanzania works with beneficiaries, and supporting them to organize and create Income Generating Activities (IGA's) through capacity building.

ADRA Tanzania applies methods and techniques that allow farmers to increase their crops and to protect their environment through water management and other safe environmental practices. ADRA Tanzania has been at the forefront in the implementation of logistics and food supply projects including refugees in Dar es Salaam, Kigoma and host communities. For many years ADRA has partnered with World Food Program (UNWFP) to enable communities' access to nutritious foods especially in emergency situations.



A picture of Umoja Group weighing their tomatoes at Mlali Market,

11th October 2021

A picture of Umoja Group showing their certificates during the graduation ceremony,

11th October 2021



FARMERS MARKET SCHOOL (FMS) PROJECT

40 YEARS IN THE DARK BUT NEVER TOO LATE

Mzee Waziri Yahaya Ramadhan is a local farmer from Mghambazi Village, Morogoro region who works hard to provide for his family. He is a father of seven children, yet, despite his best efforts for more than 40 years, he realized that the income from his business(farming) could not cover his family's needs as the family expands. After he learned about market search and bargaining skills from KILIMO NA MASOKO PROJECT, he was inspired to make changes in his farm so he could earn additional income by securing the market and amicably bypass the middlemen, something which he never thought was possible. Mzee Waziri's first efforts in agriculture go as far as early 1978 where he started by growing lettuce, peas, tomato, capsicum and sweet potatoes which in turn was not successful. For the past 40 years Waziri has been selling his produce to dealers who would come to the farm and collect the produce and sometimes sell to the middlemen in Mawenzi market. "You can imagine 40 years of my career in the dark without knowing that there was a way to bypass middlemen amicably without causing tensions and still be able to sell your produce to the real buyers," Mzee Waziri said.

"This is a significant change in my life as a farmer. The market skills from KILIMO NA MASOKO project have been instrumental to me as it provides a reliable source of income to help me to sustain my young family. Currently, I earn more money from



selling directly to the buyers. I have secured a contract (verbal agreement) with buyers from Chief Kingalu and Mawenzi markets and hoping to have written contracts in the near future," Mzee Waziri said. Mzee Waziri is grateful for his new career; He has acquired business management, negotiation, marketing and leadership skills from the project which he now uses to manage his farming more effectively. The future looks bright for his farming as he continues to supply high quality Banana (William Improved variety) capsicum and sweet potatoes directly to Mawenzi and Kingalu Markets.

Written by
Monitoring and Evaluation Officer,
ADRA Tanzania

ACTION FOR REDUCTION OF COVID-19 TRANSMISSION

COVID-19 has created a huge impact in our health and lifestyle. ADRA has worked with the government to raise awareness against COVID 19 in the areas where people are most crowded yet have not received the correct facts about COVID-19.

ADRA took action in Dodoma and Arusha to ensure all residents in the community, markets, and schools are well informed about the prevention measures of the Corona Virus, through city drive sensitization and the pro-

vision of vaccination through the local health department.

The Action For Reduction of Covid-19 Transmission (ARCT) project has sensitized school children, health teachers, market vendors, and residents on health messages aimed at ensuring of the prevention of COVID-19. Information was shared through social media, live Radio and TV shows. More than 100,000 people have been sensitized in these regions as prevention measures continue to be dominant.



Health teachers trained for dissemination of information to their health clubs on COVID-19 prevention in Arusha region.



Vaccination & Sensitization in the streets.



Market sensitization



Students at Muriel Darajani Primary school pose in front of their new handwashing station after sensitization of COVID-19.

MAASAI INTEGRATED LIVELIHOOD ADVANCEMENT PROJECT (MAASAI- ILAP)

Severe poverty is dominant in rural areas of Monduli district, with 93% of its population being of Maasai tribe. The population in Monduli District depends mostly on dry cow dung and firewood as basic sources of energy both for cooking and for light inside the house. And Monduli is very dry with savannah woodland, there is a huge challenge for access to both water and energy resources. In most places, women and girls walk up to 7 km in search of either firewood or water. Due to the design of the Maasai houses (dome shaped plastered with mud and no proper windows) ventilation is particularly poor and the smoky homes expose women and their children's health to acute respiratory infections. With the outbreak of COVID-19 pandemic, the health situation of these communities became pathetic, hence requiring the designed intervention.

Apart from health issues, the population in the targeted villages has big challenges with regard to water access. Most water points have dried in the last 4 years. Normally, women make holes in the ground to see if some water would come out. For most communities, water points are more than 4 km away and the available water in shallow

ponds, seasonal streams and rivers is muddy and unsafe for human consumption. As a result of COVID-19 where everyone is encouraged to wash their hands, it is not the case in the Maasai community due to limited water sources which are far from people's residences.

Challenges faced by the Maasai communities and target households are; unavailability of clean energy for household lighting and cooking gas well as eruption of diseases, such as TB due to the use of small windows and sleeping near animals. This can cause suffocation and unclean air. By implementing the Sustainable Development Goals No 6 (Clean water and Sanitation) and Goal No 13 (Climatic Action), ADRA with the support from Erbacher Foundation, ADRA Germany, IC-SEE, as well as the local and regional government have addressed the key challenges by installing 100 Stoves and 100 Solar panels to the targeted beneficiaries of Mbuyuni, Mlimani and Meserani villages of Monduli District. ADRA has also constructed a Chaco Dam with the capacity of 135 cubic meter at Mbuyuni in the Njaro sub-village where the Dam will serve more than 1,000 people and animals.



ADRA in Tanzania M&E officer Mr. Denis Robert inspecting one of the installed Maasai stove at one of the project beneficiaries home in Meserani village at Monduli district in Arusha.

One of the project beneficiaries after receiving solar system



ADRA staff in one photo with Mbuyuni villagers and their leaders during charcoal dam handover ceremony





ADRA

Contacts:
P.O.Box 360
Usa River, Arusha Tanzania
+255 272543842 (Office)
Email: info@adratanzania.org
Website: <https://adratanzania.org/>

Our partners:



DANIDA



BLUE MARSH SOCIETY

